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Tour code
THA-RBK



Bangkok to Khao Lak coastal ride



A dream beach for you alone

Tour meets	Bangkok	Duration	11 days 10 nights
Tour ends	Khao Lak	Cycling days	8
Fly into	Suvarnabhumi Airport BKK	Total cycling distance	778 km 483 miles
Fly out of	Phuket Airport HKT	Stage distance	53 to 119 km 33 to 76 miles
		Route profile	mainly flat, undulating

Vibrant Bangkok City	Pacific and Indian Ocean	Stunning beaches	Perfect roads
Wellness paradise	Khao Sok National Park	Khao Lak Beach	Royal Service [👑]

Rest day on the beach in Chumphon | Overnight stay after last stage included
Meals B | L are included. Holiday extension in **Khao Lak** or **Phuket** can be booked.

A stunning, flat coastal ride from the bustling metropolis of Bangkok to southern Thailand on the **Andaman Sea**. Explore gorgeous beaches on both the **Pacific and Indian oceans** and the **Khao Sok National Park**. We coast along through tropical forests and jungle-covered karst peaks, past magnificent temples and traditional villages. For the most part, we ride on **perfect cycling routes**. An **unparalleled road bike experience** for enthusiastic cyclists **of all ages!** We spend the nights in **selected, quality hotels** with a pool, most of them located directly on **sandy beaches**. Let yourself be pampered by our **Royal Service[👑]**. You enjoy cycling, leave the rest to us!



Welcome to Bangkok – The City of Angels

Through the hustle and bustle, gigantic skyscrapers, grand palaces and temples, and a world-renowned floating market. Bangkok continues to attract millions of travelers from around the world. Thailand's vibrant metropolis, offers a multitude of possibilities for day trips. Visit the **Royal Palace**. Marvel at countless, **ornate temple complexes** or explore historic Bangkok on a **river cruise**. Enjoy the many **culinary delights** and limitless **shopping** at unbelievably attractive prices. We recommend spending a few days in this fascinating, exotic city. **Additional nights can be booked through us.**



Bangkok: Chaopraya River with Wat Arun Temple

Day 1 Arrival in Bangkok

Upon arriving at the **Hotel**, centrally located in the heart of Bangkok, you will enjoy all of the amenities of this noble **4-star hotel**. In the evening we will greet and welcome you in the meeting room of the hotel. Here we will inform you about the tour and provide a bit of interesting information about our host country. At the end, every participant will receive a **high-quality team jersey**.



Day 2 Let's get on the bikes

Stage 1 Phetchaburi (Cha Am) – Hua Hin → 53 km | 33 miles ▲ flat

In our comfortable van, we depart Bangkok toward **Phetchaburi**. The drive to our starting location will take 2 hours. After lunch at a seaside restaurant in Cha-Am, we will ride through a palm-fringed agricultural landscape. Hua Hin, the oldest seaside resort in Thailand welcomes us with many good restaurants, shops and a **5 km (3 miles) long, white sand beach**. In the afternoon, we will move into our accommodations and refresh ourselves afterwards in the pool. ✕ **B | L**



Day 3

Stage 2 Hua Hin – Kui Buri Beach → 78 km | 48 miles ▲ flat

After enjoying a **breakfast**, we will cycle the first 14 km (8 miles) on a bike path and then along beautiful, varied coastal roads with an ocean view. Numerous **pineapple plantations and shrimp farms** dot the landscape. We pass through **Khao Sam Roi Yot National Park** and ride further to Kui Buri Beach. Our hotel sits directly on the seaside. In the evening we will enjoy delicious, local delicacies in a romantic setting. **B | L**



Ban Krut Beach – still an insider tip

Day 4

Stage 3 Kui Buri Beach – Ban Krut Beach → 102 km | 64 miles ▲ slightly undulating

Through a scenic landscape characterised by coconut palms, we ride to the beach of Baan Krut. This tiny, sleepy village is a true insider tip. At the end of the picturesque beach there is a castle-like temple complex. From there we enjoy a breathtaking view of the bay and the palm forests in the distance. Our resort is only a stone's throw from Baan Krut's beautiful, enticing sand beach—perfect for relaxing and daydreaming. ✕ **B | L**



Day 5 Royal Coast Road – THE dream road for cyclists

Stage 4 Ban Krut Beach – Chumphon Beach → 109 km | 68 miles ▲ slightly undulating

On this stage we will ride along the **Royal Coast Road**. This stretch was built **extra for cycle touring. Virtually traffic-free**, we pedal through rubber tree and palm forests. From the **Keo Prasert Temple** we enjoy a breathtaking view of the karst peaks of the **Thung Maha Bay**. The snow-white sand beach of **Ao Thung Wua Laen**, today's destination is located 15 km (9 miles) outside of Chumphon City. ✕ **B | L**



Day 6 Chumphon – Gateway to Southern Thailand

Rest day on the beach in Chumphon

Today's rest day offers you the opportunity to sleep in, relax and swim in the hotel's pool. Nature lovers may prefer the white sand beach and treating themselves to a massage afterward. The beautiful coastal road entices cyclists to go out for another voluntary ride on the bike. ✕ **B**



Day 7

Stage 5 Chumphon Beach – Langsuan → 118 km | 73 miles ▲ flat to slightly undulating

The nearby ocean is our constant companion. Our eyes can't get enough of the tropical, green vegetation. We bypass the city of Chumphon toward the south and return to the coast. Here we have the road almost to ourselves. Langsuan town is still located within the province of Chumphon. Many of the buildings are made of wood. The colorful fishing port of Langsuan is nearby and is well worth a visit. ✕ **B | L**



Impressive landscape of Khao Sok National Park – Chiew Larn Lake

Day 8

Stage 6 Langsuan – Surat Thani → 119 km | 74 miles ▲ flat

The flat coastal road leads us through a scenic landscape of small villages. Jungle-covered limestone peaks reach majestically toward the sky as we enjoy the practically traffic-free road. Surat Thani is considered the gateway to the islands of Koh Tao, Koh Samui and Koh Phangan ✕ **B | L**



Day 9 Optional afternoon boat excursion on Chiew Larn Lake (can be booked on location)

Stage 7 Surat Thani – Takun → 83 km | 52 miles ▲ mainly flat

Shortly after Suratthani, we turn off toward **Khao Sok National Park**. Rubber tree and oil palm forests are characteristic for this fertile area. Through construction of the Ratchaprapha Dam in 1987, a unique, gigantic lake was created. After a refreshing swim in the hotel pool, you could admire the unique **limestone peaks of the Khao Sok National Park** surrounding the lake and enjoy an evening drink on a floating restaurant. ✕ **B | L**



Day 10 The final stage | Swimming in the Indian Ocean and farewell dinner

Stage 8 Takun – Khao Lak Beach → 116 km | 72 miles ▲ undulating at first then flat

We ride through Khao Sok National Park and are enchanted once again by the magical mountain scenery. A short climb (5% gradient), which of course can also be done in our van, leads to a pristine scenic lookout. In Khao Lak, the coast of the **Indian Ocean** awaits us. It almost goes without saying that our resort lies near the beach. A refreshing drink and the ocean view provide a befitting conclusion to our fantastic trip. **Additional nights in Khao Lak can also be booked through us.**
✕ **B | L | Farewell Dinner**



Day 11 Departure

Individual extension of your stay in Khao Lak, or bus transfer to Phuket ✕ B

What's included

- 👑 **Royal Service** Bottle refills, refreshing towelettes, storage of helmets and shoes and much more
- 👑 **All meals mentioned: 10x B = Breakfast | 8x L = Lunch | 1x D = Farewell Dinner**
- 👑 All coffee breaks: Iced coffee, delicious hot blended coffee beverages or tea
- 👑 Isotonic drinks, cola, water and fresh fruit on all stages
- 👑 English speaking tour guide
- 👑 High quality Team Jersey | Team backpack | Drinking bottle
- 👑 Accompanying VIP van with possibility to ride along
- 👑 Van transfer Bangkok to Phetchaburi
- 👑 Repair service (replacement material is not included)
- 👑 Additional insurance during the tour
- 👑 Photos for downloading
- 👑 **Farewell Dinner**

Services NOT included (taxi prices in Thai Baht per car)

- 👑 Flights
- 👑 Bike rental (**We offer a large selection of rental bikes**)
- 👑 Alcoholic beverages
- 👑 Transfer Suvarnabhumi Airport to Hotel Bangkok 40 minutes, appr. THB 300 to THB 500
- 👑 Transfer Khao Lak to Phuket Airport 1.25 hrs, appr. THB 1'600 (EUR 43, USD 47)
- 👑 Voluntary tips
- 👑 Optional Excursions and stages (can also be booked on location)

Notes

- 👑 Due to limited space, transport of bike cases can result in additional charges
- 👑 Personal bikes brought along will be assembled in Phetchaburi

(Subject to change at any time)